

SACRED HEART

CATHOLIC COMMUNITY

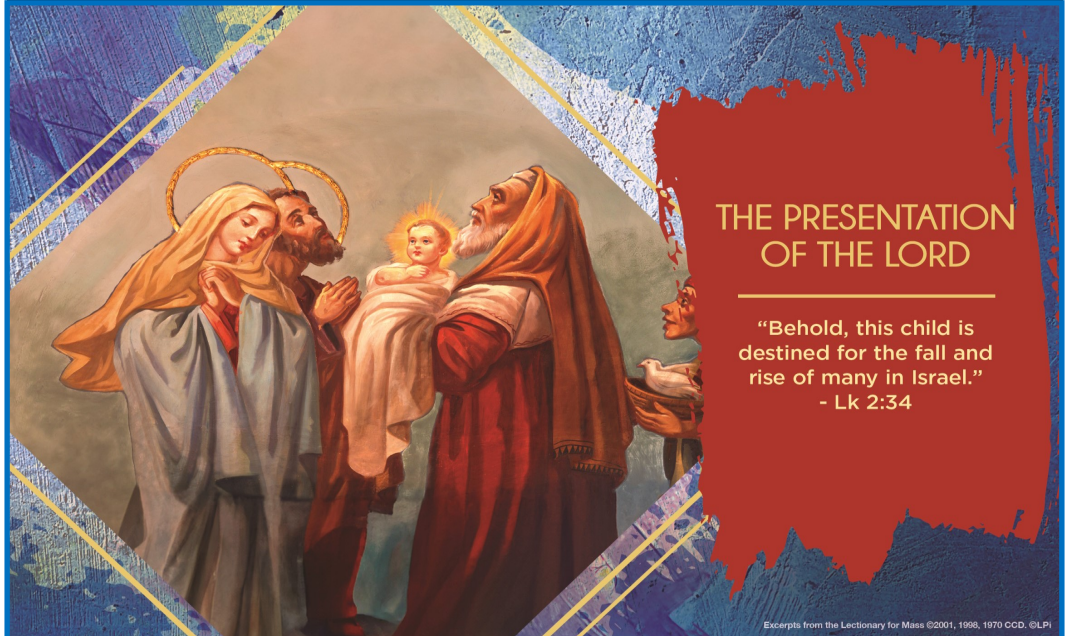


MISSION STATEMENT

We, the community of Sacred Heart parishes, in Spring Valley and Elmwood, and St. Luke's in Boyceville, love the Lord Jesus Christ and are dedicated to His Sacred Heart. Guided by the Word of the Lord, we commit ourselves to give praise and honor to God through liturgical worship, family and private prayer, and service to one another. We strive to develop a living faith and a growing spiritual community by providing opportunities for spiritual, educational, and social enrichment. Our faith will be strengthened through active involvement of all members.

WEBSITE: WWW.SVECATHOLIC.ORG

SUNDAY FEBRUARY 2, 2025



THE PRESENTATION OF THE LORD

"Behold, this child is destined for the fall and rise of many in Israel."
- Lk 2:34

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

PASTOR Rev.
Dr. Fr. Anbalagan Shanmugam
(Father Anbu)



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SACRED HEART OF JESUS PARISH SPRING VALLEY

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SACRED HEART PARISH ELMWOOD

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SPRING VALLEY PASTORAL COUNCIL

Tyler Bosshart Jim Huebel Peggy Larson
Isaac Nilssen Teresa Nilssen Renata Wood

SPRING VALLEY FINANCE COUNCIL

Greg Buchal Jason Nilssen Anna Toutant

Bookkeeper: Amy Shafer

ELMWOOD PASTORAL COUNCIL

Derek Auth Anna Crownhart Greg Fesenmaier
Jeff Pelzel Barb Schneider Roxanne Taplin

ELMWOOD FINANCE COUNCIL

Craig Feuker Holly Galbreath Jim Schwebach

Bookkeeper: Shelley Sand

BOYCEVILLE PASTORAL COUNCIL

Betty Garside Karen Hansen Bonnie Cronk
Tom Humpal Terry Mohn Debra Hoage

BOYCEVILLE FINANCE COUNCIL

Joey Boesl Lesley Nelson Joe Pieters

Bookkeeper: Judy Humpal

Dear brothers and Sisters in Jesus Christ, Peace be with you!

I am very happy to meet you again after my short vacation to India. Because of your prayers, blessings and support my visa process went on well without any difficulties and I got my new visa, thank you for your prayers and support. The third and the fourth Sunday of ordinary time we are called to reflect upon the word of God. In the year 2019 our pope Francis made as a policy to observe this, hence I would like to invite you reflect upon the word of God.

Heart Speaks to Heart

The counsel that St. Jerome gave to Christians of his time remains valid today: “Read the divine Scriptures constantly; never let the sacred volume fall from your hand.” Reading Scripture is not like reading any other book, because Scripture is a living word through which God speaks to each of us personally, right here and now. “In the sacred books, the Father who is in heaven meets His children with great love and speak with them.” God reveals his heart to us and he longs for us to respond from our hearts. When we read Scripture prayerfully, it becomes a dialogue of love. We listen to God’s heart through his word and we respond from our heart in prayer.

Christian tradition developed the practice of *lectio divina* as a way to exercise this kind of prayerful reading. *Lectio divina* traditionally consists of four simple steps:

1. Reading (*lectio*): Read a passage of Scripture slowly and attentively.
2. Meditation (*meditatio*): Meditate on the passage, turning it over in your mind and connecting it with other passages in the Bible.
3. Prayer (*oratio*): Respond to God in prayer, telling him your thoughts, questions, hopes, fears, and desires as they relate to the passage.

Contemplation (*contemplatio*): Rest in God, enjoying his presence and receiving his love.

Christian tradition has developed other helpful ways for us to listen attentively to God speaking to us through his Word. The spiritual exercises of St. Ignatius, in which we use our imagination to place ourselves within the scene of a biblical story, is a particularly effective way to incorporate Scripture into our prayer. As we study Scripture prayerfully, it shapes our relationship with God, which in turn shapes our whole life: our values, judgments, desires, words, and actions. Even though it was written thousands of years ago, Scripture addresses the challenges of our time. God’s word speaks to family life, education, commerce, social justice, deadly pandemics, racial and political tensions, and living as God’s people in a world that is too often hostile.

In times of uncertainty and turmoil, it is all the more essential to be nourished on Scripture every day. God’s word becomes an anchor for our souls. We begin to see everything in this life in its true light: as passing away in preparation for our final destiny. At the same time, we begin to experience how utterly trustworthy is God’s word:

All flesh is grass,
and all its beauty is like the flower of the field...
The grass withers, the flower fades,
but the word of our God will stand forever. (Isaiah 40:6-8)

Therefore read and reflect the word of God every day, you and you household will be blessed by God.

Thank you and God bless you! ~Fr. Anbu



	COLLECTION ADULT ENVELOPES AND OFFERTORY		
	Adult	Offertory	On-line
January 18-19, 2025			
Boyceville	\$ 385.00	\$ 105.00	
Elmwood	\$ 395.00	\$ 93.00	
Spring Valley	\$ 1309.00	\$ 117.00	\$ 762.65
January 25-26, 2025			
Boyceville	\$ 445.00	\$ 79.00	
Elmwood	\$ 805.00	\$ 90.00	
Spring Valley	\$ 1442.00	\$ 74.00	\$713.15



In 2025 we will be celebrating and praying for our parishioners, in their birthday month, who are our “Golden” members and have over 70 years of wisdom.

Jim Christenson	Feb 1
Judy Bauer	Feb 6
Arlene Vadnais	Feb 13
Helen Hedlund	Feb 13
David Seyfert	Feb 16
Jeff Brooke	Feb 18
Earl Vraa	Feb 23

HAPPY Birthday!

* May God bless you with an abundance of peace, joy, and love this coming year.

INFORMATION

News for All



St. Blaise | February 3 You may be familiar with the annual “blessing of throats” that many parishes in the United States use to commemorate the beloved bishop and martyr. St. Blaise lived in the fourth century in Turkey and Armenia. Due to religious persecution, he was

forced to flee and hide in a cave in the back country in order to save his life. History has it that one day a group of hunters stumbled upon where St. Blaise was living. They found the bishop kneeling in prayer, surrounded by wolves, lions, and bears that he had tamed. The legend has it that as the hunters dragged Blaise off to prison, a mother came with her young son who had a fish bone lodged in his throat. At Blaise’s command, the child was able to cough up the bone and thus lived. Today we remember the saint on his feast day by taking two candles, crossing them against the throat, and saying the following prayer: Through the intercession of St. Blaise, bishop and martyr, may God deliver you from ailments of the throat and from every other evil. In the name of the Father, and of the Son, and of the Holy Spirit. Amen. **Father Anbu will have the blessing of the throats during the weekday Masses this week in our three parishes.**

Do you want to actually touch Jesus this Lent? Do you want Jesus to really reach out and truly be right with you this Lent? You are personally invited to join the Adult / Teen Lent Study Group that will take the amazing journey "Life-Changing Presence the Sacraments." "Make a Lenten resolution to encounter the real Person of Jesus in relationship like never before! Mondays of Lent (Monday March 10th - Monday April 14th) from 6:30-8:00 pm in the Brother Michael Center, in Spring Valley. Catholics are super blessed to have Jesus actually present and active in our lives through the Sacraments. If you have never thought of the Sacraments as touching Jesus and as Jesus reaching out to truly be right with you, then this study will indeed change your life! Everyone is welcome to attend.



Please join us for First Friday in Spring Valley on February 7th with Mass at 8:30 a.m. followed by adoration, prayers, confession and benediction. Elmwood will hold First Friday Devotions on February 7th with Mass at 11:00 a.m. followed by adoration, prayers, confession and benediction.

Boyceville News

Pyx - We have a few pyx available for use by our parishioners to take Communion to a friend or family member that is not able to attend Mass. You are welcome to use one of these to transport a consecrated host to someone, then please return it promptly.

We are in need of more ushers and readers. Please consider volunteering for this need. If interested or for more information, please contact Joe Pieters or Judy Humpal.

Mass Intentions - we are in need of Mass intentions beginning with February. If you have a specific date/s you would like in 2025, please see Judy Humpal or email her at stlukeboyceville@gmail.com.

Elmwood News



Annual Family Spaghetti Dinner

Supporting the Sacred Heart Youth. The event will be held at the Elmwood Auditorium on Wednesday, February 19th from 5-8 PM. The meal will include spaghetti, meatballs, garlic toast, and dessert. Tickets are \$10 for Adults and \$6 for children 6 and under. To purchase tickets please contact a youth of the parish, Sarah Asher or Stephanie Beyer to get your tickets. Please order by Sunday, Feb 9th. Thank you.

Spring Valley News



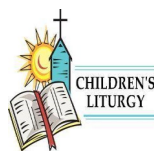
The PCCW will be meeting on Monday, February 3rd at 6:00 p.m. in the parish house. All women of the parish are welcome to attend.



The Knights of Columbus will be hosting a “soup-er bowl” lunch after Mass, next Sunday, February 9th, from 11:30 to 1:00pm at the Brother Michael Center. They will be serving Chili and Chicken Noodle soup. Free will donation to eat. We hope to see you there!



Thank you to everyone who attended and helped with the 18th Right to Life Breakfast last Sunday. With your help and donations, over 100 meals were served with nearly \$1400.00 raised and will be distributed to three local pregnancy support centers: Options for Women - Menomonie, Options for Women - River Falls, and Cradle of Hope. It's wonderful to see how our parish family supports the sacred gift of life.



The Sunday Children's Liturgy will be offered the 2nd and 4th Sundays of each month. Children, ages 4K-2nd grade will attend the beginning of Mass with their parents until the end of the Introductory Rites when Fr. Anbu will invite the children to come forward for a blessing and dismiss them from Mass with the Children's Liturgy volunteers where they will then gather in the sacristy and return to the church immediately after the Prayers of the Faithful. We strive to help the children understand the gospel more fully so they can go out and live their lives as Jesus teaches.



**FOR ALL THE FAITHFUL WHO
HAVE DIED AND FOR THE SICK,
WE PRAY IN 2025**

Tuesday February 4 Mass in Elmwood

7:00 p.m. +Marvin Kannel (Roger & Lori Books)

Wednesday February 5 Mass in Spring Valley

6:15 p.m. +Bob & Betty Hartung (Craig & Beth Ingli)

Thursday February 6 Mass in Boyceville

10:00 a.m. +Randy & Jerry Wadzinski
(Deb Hoage & Evie Wadzinski)

First Friday February 7

8:30 a.m. in Spring Valley +Jim Houdek
(Greg & Laura Buchal)

11:00 a.m. in Elmwood +Josephine Keenlyne
(Carole Forster)

Saturday February 8 Mass in Boyceville

5:00 p.m. +Becky Rogers (Joe & Gloria Pieters)

Sunday Mass February 9

8:30 a.m. in Elmwood ~Persons Living with Disabilities
(Elmwood KC's)

10:30 a.m. in Spring Valley +Dave Johnson
(Leon & Kathy Pittman)



February 2025

- February 3– PCCW in Spring Valley 6:00 p.m.
- February 5– Elmwood KC meeting 8:00 p.m.
- February 6– Tri-Parish Council meeting in Spring Valley
- February 9– Spring Valley KC “Soup-er bowl” lunch
- February 11– Spring Valley finance council meeting
- February 11– Elmwood Pastoral Council meeting
- February 13– Elmwood Altar & Rosary meeting 1:30 pm
- February 15– Spring Valley Family Life’s “Date Night”
- February 16– Marian Consecration Retreat in SV
- February 19– Elmwood Youth Spaghetti Supper



World Day of Prayer for Consecrated Life will be celebrated in parishes on the weekend of Feb. 1-2. Please pray for all those who have answered the call to consecrated life, aspiring towards joyful holiness in the service of the Church and world. Pray also for many more laborers to enter the vineyard so that Jesus Christ may be better known, experienced, and loved.

We pray: God of all goodness, you have called people to follow you faithfully. Humans have heard that call and many choose to follow your call in varied and faith-filled lives. Some follow your call in private, silent lives as hermits; some choose to follow you with lives lived as virgins and widows; while others choose public lives of vowed men and women as religious brothers and sisters. Abundantly give to these men and women the courage to follow their call as witnesses to your gifts and faith and service to the world. We ask this in faith through the name of Jesus our Savior. Amen.



Sunday, February 9, 2025	
Elmwood 8:30 a.m.	Spring Valley 10:30 a.m.
LECTORS	
Holly	Peter/ Peggy L.
EUCCHARISTIC MINISTERS/SACRISTAN	
Steve	(S) Anne/Mary/Katie/Rosalie
SERVERS	
Austin/Amber/Hannah	Toby/Milo/Cora
USHERS/HOSPITALITY	
Jim/Dennis/Jeff/Glenn	Josh/Jim
ROSARY	
MUSIC	
Mary Ann	Sacred Heart Choir

Please send Bulletin Announcements to:
admin@svecatholic.org
 By NOON on Wednesdays