

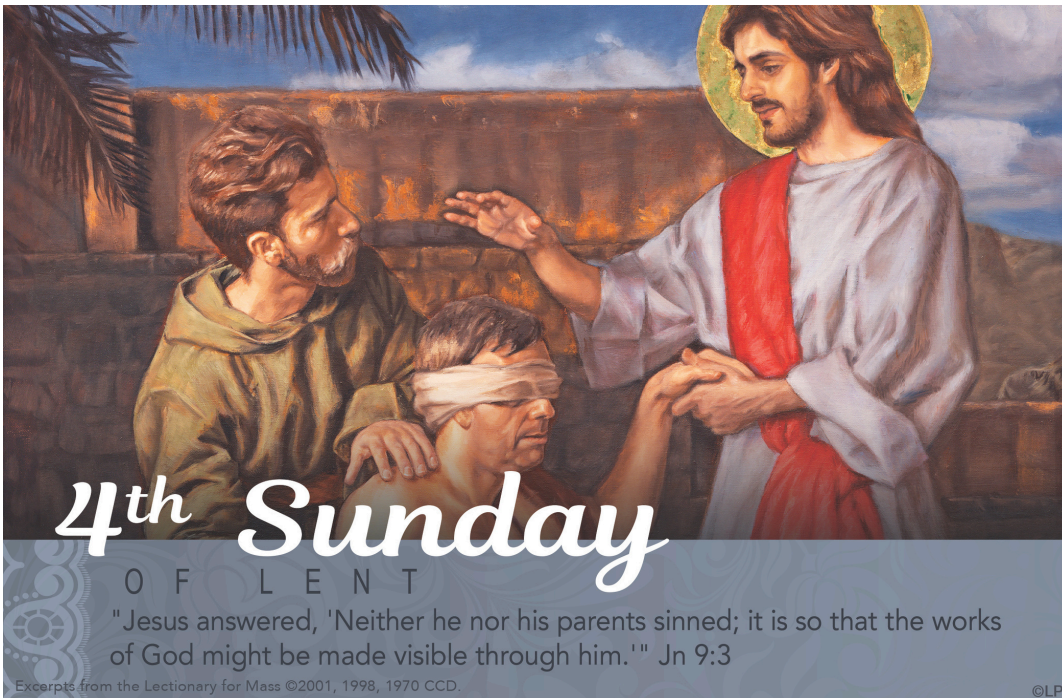


SACRED HEART- ST. LUKE
CATHOLIC COMMUNITY

PASTOR Rev. Dr. Fr.
Anbalagan Shanmugam
(Father Anbu)



114 Wilson Ave
Elmwood, WI 54740
Mobile: 715-317-1620
Email- franbu80@gmail.com



4th Sunday
O F L E N T

"Jesus answered, 'Neither he nor his parents sinned; it is so that the works of God might be made visible through him.'" Jn 9:3

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©LPI

CENTRAL OFFICE

S105 Sabin Avenue
PO Box 456
Spring Valley, WI 5476
Phone: 715-778-5519

Administrative Assistant

Beth Ingli
admin@shsv.diocparish.org

**Sacred Heart of Jesus Parish
Spring Valley**

N108 Sabin Avenue
Spring Valley, WI 54767

**Sacred Heart Parish
Elmwood**

106 West Wilson Avenue
Elmwood, WI 54740

**St. Luke's Parish
Boyceville**

919 Center Street
Boyceville, WI 54725
Office Phone 715-643-3081
St. Luke's Email:
stlukeboyceville@gmail.com
www.saintlukebv.org



Rite of
Reconciliation

CONFESSIONS:

Anytime by appointment

Boyceville-Saturday's 3:15-3:45 pm
Elmwood- Sunday's 8:00 - 8:20 am
Spring Valley- Wednesday's 5:30 -
6:10 pm

**Spring Valley Pastoral
Council**

Jim Huebel
Peggy Larson
Isaac Nilssen
Teresa Nilssen
Jessie Shafer
Renata Wood

**Spring Valley Finance
Council**

Greg Buchal
Jason Nilssen
Anna Toutant
Bookkeeper:
Amy Shafer

**Elmwood
Pastoral Council**

Derek Auth
Sue Galoff
Greg Fesenmaier
Charlet Keenlyne
Jeff Pelzel
Barb Schneider

**Elmwood Finance
Council**

Craig Feuker
Holly Galbreath
Jim Schwebach
Bookkeeper:
Shelley Sand

**Boyceville
Pastoral Council**

Bonnie Cronk
Karen Hansen
Debra Hoage
Tom Humpal
Terry Mohn
LaVern Weber

**Boyceville Finance
Council**

Joey Boesl
Lesley Nelson
Joe Pieters
Bookkeeper:
Judy Humpal

ALMSGIVING

The Catholic Church considers almsgiving "a witness to fraternal charity" and "a work of justice pleasing to God" (Catechism of the Catholic Church, No. 2462). Almsgiving is the act of donating money or goods to the poor or performing other acts of charity. However, when defining almsgiving, it helps to understand the meaning behind the word itself. The roots of the word "alms" can be found in ancient Latin and Greek words meaning mercy and pity. Similarly, the root of the word "charity" comes from the Latin "caritas," meaning love. Charity, or almsgiving, is an outward sign of Christian love for others. Generally, it involves some type of sacrifice on behalf of the giver in order to provide for the needs of the other. In doing this, bonds of community are formed.

BUT ALMSGIVING ONLY HAPPENS DURING LENT, RIGHT?

While almsgiving is most closely associated with Lent, the practice of giving alms can, and should, be a year-round spiritual exercise for all Catholics and Christians. Giving alms is essential to fostering a deep spiritual life because it allows us to step outside of ourselves and focus on the needs of others. More than simply giving money, almsgiving is an act of love that can deepen our prayer life and bring a greater sense of meaning to fasting. Almsgiving incorporates the spiritual practices of prayer and fasting in a way that manifests itself by caring for our neighbors in need. It can deepen our prayer as we are brought into contact with our brothers and sisters who live in poverty and give us a greater understanding of what it means to go without while fasting. It can also prompt important questions: Do I really need this? Am I consuming too much? Almsgiving provides us with a human connection and the opportunity to see the impact that works of charity can have on others

WHY IS ALMSGIVING IMPORTANT?

At its core, almsgiving is a spiritual and religious practice that strengthens our love for others, increases our detachment and contributes to greater social justice. This threefold meaning of almsgiving helps us understand why it is particularly central to the season of Lent. During Lent, Jesus invites us into a deeper journey with him, and to journey with Jesus Christ means to live as Christ lived. Throughout his ministry, we see Jesus caring in a special way for sinners, tax collectors, the impoverished, the sick and anyone else on the margins of society. With the rich young man and with the scribes and Pharisees who persecute him, we see Jesus chastising them and calling them to a higher order of love, mercy and material detachment so that they too can serve the poor as they ought. When we give alms, we are making a concrete donation of ourselves (through money, time, talent or service) to others. The concreteness of almsgiving is crucial. Although prayer for others is worthy and good, almsgiving helps us say, in crystal clear terms: "Here is what I can offer, and I offer it out of love for you (and God) because I care about your welfare."

WHAT ARE SOME EXAMPLES OF ALMSGIVING DURING LENT?

In his 2020 Lenten Message, Pope Francis stated that "there is a need to appeal to men and women of goodwill to share, by almsgiving, their goods with those most in need, as a means of personally participating in the building of a better world. Charitable giving makes us more human, whereas hoarding risks making us less human, imprisoned by our own selfishness."

- Look for ways to incorporate some of the following almsgiving examples into your Lenten practice:
- Donate food to your local soup kitchen or food bank
- Tutor a schoolchild or mentor a college graduate (this can be done virtually!)
- Increase your donation to your local parish
- Do some grocery shopping or run an errand for an elderly neighbor
- Each week, write a note of affirmation to someone special in your life
- Make a meal for an elderly neighbor or a new mother and leave it on their doorstep
- Show an act of kindness to someone who is difficult to get along with
- Support the work of the Church around the world by giving to organizations that serve at-risk and impoverished populations



Upcoming Events

March 15- St. Pat's Dinner in Spring Valley
11:00 a.m. - 1:00 p.m.

March 15- Lenten Study in Spring Valley
7-8:30 p.m. in the Br. Michael center

March 16- 10:00 a.m. Mass in Elmwood

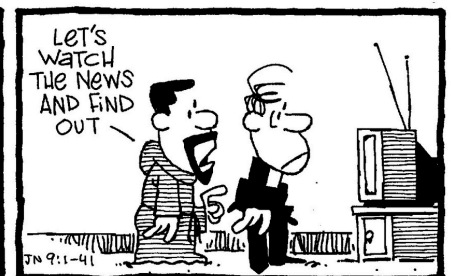
March 18- Stations and Soup at St. Luke's
6pm

March 18- Stations of the Cross in SV at 7 pm

March 20 - Stations of the Cross in Elmwood
7 pm

March 29- Elmwood Knights of Columbus
Pancake Breakfast 9-11 a.m.

4TH SUNDAY OF LENT



Stewardship Weekly Offering March 7-8, 2026

	Adult	Offertory	On-Line
Boyceville	\$ 530.00	\$ 246.00	
Elmwood	\$ 965.00	\$ 225.00	
Spring Valley	\$ 1495.00	\$ 88.00	\$ 2555.75

BOYCEVILLE NEWS



Our sincere thanks to... Barb Laluya and Sandy Boesl for the donation of two beautiful tables that are serving us so well on the altar and in the Sanctuary. We are very thankful for your generosity! **Rita Zimmerman** for all her work and organization of the 40 hours of Adoration again this year. Her dedication to create a beautiful and meaningful environment for us to experience during our time with the Blessed Sacrament is so appreciated.



Potluck - our March potluck will be next Saturday, March 21st. Please join us for good food and great fellowship with your fellow parishioners.



Easter Flowers - there are envelopes on the back table if you would like to give a donation to help defray the cost of flowers for Easter. The donation envelopes can go in the offering basket or in the offering box on the back table.

ELMWOOD NEWS



Knights of Columbus Lenten Food Drive for the Elmwood Food Pantry

Wanted: Juices – any kind, Canned Vegetables – Corn, peas, Baked Beans, Tuna, Ravioli, Sloppy Joes, Soup – Chicken Noodle, Tomato or Vegetable, Canned Chicken, Sugar, Flour, Cake or Brownie Mixes, Beef & Chicken Ramon Noodles, Toilet Paper or Paper Towels, and Liquid Hand Soap. Monetary Donations Accepted and the Elmwood Knights of Columbus will Match Up To \$500.

Cleaning church for Holy Week will be held Saturday morning March 21 at 9:00 a.m. "Many hands make work light" Please come and lend a hand, including students. Thank you in advance.

Elmwood's religious education program will be needing new leadership this fall as Stephanie Beyer is retiring as of April 19, 2026, as the Coordinator of Religious Education. Our parish sincerely thanks Stephanie for her many years of service to our CCD program. If you are interested in this important role, please see Father Anbu.



SAVE THE DATE for The Elmwood Knights of Columbus Pancake Breakfast on Sunday, March 29th from 9-11 am in the Sacred Heart church basement. Free will donation. All are welcome to attend.



Donations for Easter Flowers in memory of a loved one may be sent to our Altar and Rosary box office at P O Box 54. Or slipped into our brown box down in the kitchen. The name of your loved one/family will be noted on a card. Your lily can be taken home after Easter, if you so choose. Thank you

The Pastoral Council is working on updating the parishioner contact list. If you currently are not receiving emails from the central office, please let one of your council members know your correct email along with phone number. Thank you.

SPRING VALLEY NEWS



Eucharistic Adoration- We are looking for a long term substitute prayer partner every other Thursday afternoon from 4-5 pm for Eucharistic adoration.

Father Anbu will bless the new St. Joseph statue today in honor of The Solemnity of St. Joseph this week on March 19th. We celebrate the holiness in the midst of unpredictable fatherhood. We first meet Joseph when he discovers his betrothed is pregnant...and not by him! St. Joseph does not know who the father is (yet), but he knows the punishment for adultery is death. He decides to divorce Mary quietly, and thus save her life. When an angel appears to reveal that Mary is pregnant by the Holy Spirit, St. Joseph trusts his dream and marries her. As a new foster father, Joseph must help his wife give birth in a stable. Later, he needs to escape the threats to his son's life by immigrating with his family to a foreign land. We know that St. Joseph is faithful, brave, and willing to sacrifice for those he loves. On the solemnity of St. Joseph, we don't merely celebrate a carpenter. We celebrate a hero!

NEWS FOR ALL

Seven Sisters Apostolate The seven Sisters Apostolate is a call to strengthen the Church by ensuring that a Holy Hour is prayed each day of the week for the sole intention of a specific priest or bishop - a "holy wasting" (cf. Mt. 26:10) or lavishing of prayer for his deeper conformity to Christ. We are looking for a woman to partner with the Seven Sisters as a long term substitute on Fridays. The hour can be held at any time of the assigned day, at any Catholic Church, and does not have to be in the presence of the exposed Blessed Sacrament. Please contact Laura Buchal at 612-562-5872 for more information.



For all the faithful
who have died and
for the sick, we pray
in 2026

March 16 Monday Mass in Elmwood

10:00 a.m. *Missa Pro Populo*

March 17 Tuesday Mass in Elmwood

7:00 p.m. ~People with special needs

(Elmwood KC's)

March 18 Wednesday Mass in Spring Valley

6:15 p.m. +David Lickness (The Schlegel Family)

March 19 Thursday Mass in Boyceville

10:00 a.m. +Jenny Lickness (Joe & Gloria Pieters)

March 20 Mass at the SVHCC

10:00 a.m.+Darlene Raleigh (Eva & Paul Anderson)

March 21 Saturday vigil Mass in Boyceville

4:00 p.m. +Jim Smith (Ken & Karen Hansen)

March 22 Sunday Mass

8:30 a.m. in Elmwood

+Dorothy Mountin (Tom & Sharon Weber)

10:30 a.m. in Spring Valley

+Herb & Angie Hageman (The Johnson family)

PASSION OF CHRIST

BACK BY POPULAR DEMAND
ADAPTED & DIRECTED BY LUKE HAYES

MARCH 20-22 | MARCH 27-29

FRIDAYS AT 7 PM
SATURDAYS AT 2 PM & 7 PM
SUNDAYS AT 2 PM



THE SPRING VALLEY STAGEHANDS THEATRE
S234 MCKAY AVE · SPRING VALLEY, WI 54767
ORDER TICKETS AT WWW.SVSTAGEHANDS.ORG

When Jesus heard that they had thrown him out, he found him and said, "Do you believe in the Son of Man?" He answered and said, "Who is he, sir, that I may believe in him?" Jesus said to him, "You have seen him and the one speaking with you is he." He said, "I do believe, Lord," and he worshiped him. — Jn 9:35-38



Excerpt from the Lectionary for Mass ©2001, 1998, 1970 CCD

Please send Bulletin Announcements
to: admin@shsv.diolcparish.org
By 11:00 a.m. on Wednesdays

WEEKEND MINISTRY SCHEDULE

©LPi

Elmwood 8:30 a.m.	March 22, 2026	Spring Valley 10:30 a.m.
John	Lectors	Porter/Liz
Barb	Extraordinary Ministers	(S) Connie/Katie Denise/Mary
Austin/Amber Hannah	Mass Servers	Weston/Kennady Jack
Joe/Steve Aaron/Paul	Ushers/ Hospitality	Greg/Chuck
Jeff	Rosary/ Music	Sacred Heart Choir

St. Patrick | March 17



Whether you know him as the man who brought Christianity to Ireland or simply as a reason you eat corned beef and cabbage in March, St. Patrick (415- 493) is a well-known saint around the world. St. Patrick was born in Britain of a Romanized family.

At the age of 16, he was kidnapped by Irish raiders from the villa of his father, a deacon and local official, and brought into slavery in Ireland. He spent six long years there as a herdsman, during which he turned to his faith for strength. He later escaped back to Britain on a ship, where he was eventually reunited with his family. His years of captivity changed him and brought out a zeal for God and a yearning to spread the message of Jesus Christ. Despite the constant danger of martyrdom, he continued to travel throughout Ireland where he baptized and confirmed in the name of Christ.

40 HOURS OF ADORATION

Thank you so very much to everyone who participated in the 40 Hours Devotion. Thank you to Father and the Parish Council for agreeing to do it and thank you to those of you who signed up to hold an hour or even two in some cases, it allowed for others to come throughout the 40 hours. Thank you also to Paul and Judy for helping me to make all of the details as perfect as we could. May God Bless you and may the gifts and graces you received fill you through Lent and into the Easter season! Rita Zimmerman



Contacts to Remember for the Prayer Line

To include a name to our prayer list please contact: Spring Valley: Laura Buchal at ssf@wwt.net or call 715-772-4452 or 612-562-5872

Lucy Nellesen at lucynell@hotmail.com or 715-778-5937

Cindy Schlegel at 715-338-1192

Elmwood- Anna Crownhart 715-639-4311

Boyceville- Judy Humpal stlukeboyceville@gmail.com or

715-643-3081