

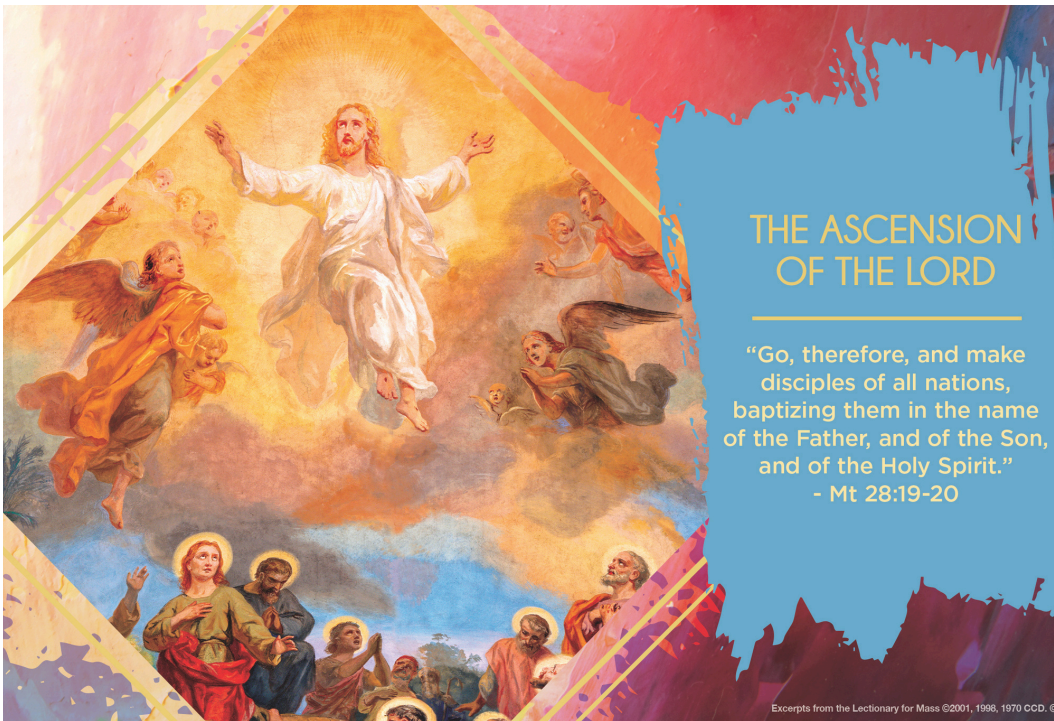


SACRED HEART- ST. LUKE
CATHOLIC COMMUNITY

PASTOR Rev. Dr. Fr.
Anbalagan Shanmugam
(Father Anbu)



114 Wilson Ave
Elmwood, WI 54740
Mobile: 715-317-1620
Email- franbu80@gmail.com



**THE ASCENSION
OF THE LORD**

“Go, therefore, and make
disciples of all nations,
baptizing them in the name
of the Father, and of the Son,
and of the Holy Spirit.”
- Mt 28:19-20

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©L

CENTRAL OFFICE

S105 Sabin Avenue
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Spring Valley, WI 5476
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Administrative Assistant

Beth Ingli
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**Sacred Heart of Jesus Parish
Spring Valley**

N108 Sabin Avenue
Spring Valley, WI 54767

**Sacred Heart Parish
Elmwood**

106 West Wilson Avenue
Elmwood, WI 54740

**St. Luke's Parish
Boyceville**

919 Center Street
Boyceville, WI 54725
Office Phone 715-643-3081
St. Luke's Email:
stlukeboyceville@gmail.com
www.saintlukebv.org



Rite of
Reconciliation

CONFESSIONS:

Anytime by appointment

Elmwood- Saturday's 6:30-6:50 pm
Boyceville- Sunday's 8:00 - 8:20 am
Spring Valley- Wednesday's 5:30 -
6:10 pm

**Spring Valley Pastoral
Council**

Jim Huebel
Peggy Larson
Isaac Nilssen
Teresa Nilssen
Jessie Shafer
Renata Wood

**Spring Valley Finance
Council**

Greg Buchal
Jason Nilssen
Anna Toutant
Bookkeeper:
Amy Shafer

**Elmwood
Pastoral Council**

Derek Auth
Sue Galoff
Greg Fesenmaier
Charlet Keenlyne
Jeff Pelzel
Barb Schneider

**Elmwood Finance
Council**

Craig Feuker
Holly Galbreath
Jim Schwebach
Bookkeeper:
Shelley Sand

**Boyceville
Pastoral Council**

Bonnie Cronk
Karen Hansen
Debra Hoage
Tom Humpal
Terry Mohn
LaVern Weber

**Boyceville Finance
Council**

Joey Boesl
Lesley Nelson
Joe Pieters
Bookkeeper:
Judy Humpal

**GOSPEL MEDITATION - ENCOURAGE DEEPER
UNDERSTANDING OF SCRIPTURE
May 17, 2026 The Ascension of the Lord**

I recently read a book called “The Defining Decade” by psychologist Dr. Meg Jay. She convincingly argues that a person’s 20s are the most impactful decade of one’s life. For example, a twenty-something who waits until she has absolute clarity before making commitments typically drifts and regrets it later. But those who dive into something meaningful – even with doubts and questions – tend to grow and find joy and better outcomes in life. In other words, it takes courage, not perfect certainty, to move forward. As we celebrate the Ascension of the Lord, that insight comes alive in a new way. Matthew tells us: “When they saw him, they worshiped, but they doubted.” (Matthew 28:17) Even standing before the risen Christ, the disciples were a mixture of adoration and hesitation. It is as though they were in their spiritual 20s...unsure, doubting, but nonetheless called to act in worship and mission. Here is the key: Jesus does not tell them to wait until they are sure of things. He sends them anyway: “Go, therefore, and make disciples of all nations.” (Matthew 28:19) The mission of the Church begins not with perfect certainty but with imperfect disciples who wonder and worship. Then they get going. That is us, too. We may feel unsure of ourselves, perhaps full of hesitation about following Christ more fully. But now is not the time to wait for perfect clarity. Now is the time to worship and to go, trusting that he is with us always, even to the end of the age. – Father John Muir @LPI



THE ASCENSION OF THE LORD

Where did he go? Many times when we think of those who have died, we imagine escape from this world to a purely spiritual place. Jesus' Ascension can leave us in a place of confusion. What happens to Jesus? And why does this matter to us? The Ascension has been confirmed in the Creed for two millennia. In Jesus' Ascension, we're invited to consider our own ultimate end. Regardless of death's reality now, we believe in the resurrection of the body and the reunification of body and soul. One day, earth and heaven will meet perfectly and without end. We anticipate this "new heaven and a new earth" at every Mass and throughout the beauty, truth, and love of the Church and her members. Today, celebrate a foreshadowing of the fullness we all await!



**Stewardship Weekly Offering
May 9-10, 2026**

	<u>Adult</u>	<u>Offertory</u>	<u>On-Line</u>
Boyceville	\$ 325.00	\$ 130.00	
Elmwood	\$ 315.00	\$ 147.00	\$ 369.60
Spring Valley	\$ 689.00	\$ 184.25	\$ 2074.50

7TH SUNDAY OF EASTER



St. Rita of Cascia | May 22

St. Rita of Cascia (1381 – 1457) had the opportunity to live her life as a wife, mother, widow, and eventually, member of a religious community. Born in central Italy, St. Rita felt the calling to become a nun, but was pressured at a young age into marriage. During her 18-year marriage to a cruel man, she raised two sons. When her husband was killed in a brawl and her sons died, St. Rita decided to go back to her first love and attempted to join the Augustinian nuns in Cascia. Her status as a widow caused some complications to her entering, but she eventually succeeded in professing vows. Throughout her lifetime, St. Rita of Cascia was known for her prayerfulness and charity. She also experienced stigmata on her forehead, meditated frequently on Christ’s passion, and cared for the nuns of her religious community and those in the lay community who came to her for counsel. © LPI

BOYCEVILLE NEWS

The Knights of Columbus would like to thank everyone for participating in the Mother's Day rose sale. The sale raised \$150 that will go to Right to Life.

ELMWOOD NEWS

Rosary leaders are needed for the Saturday evening Masses at Sacred Heart Elmwood. If you are interested please contact Barb Schneider at 715-448-9144.

SPRING VALLEY NEWS

We are looking for someone to hold the 3-4 pm hour of Eucharistic adoration on Thursday afternoons. Please contact Laura Buchal for more information or to sign up for this hour. "There is no doubt that a flood of graces will descend upon your family and the world if more souls would become docile pupils of adoration." (St. Pope John XXIII)

High School Summer Faith & Fun! For students going into / currently in High School are invited to fan the flame of Faith this Summer, while having a blast with friends! Meeting the 3rd Wednesday of Each Month (5/20, 6/17, 7/15, 8/19) from 6-9pm, on the church grounds. Don't take a "Summer Vacation" from your relationship with God.... Keep Going deeper and have some fun! Contact Brian Zweber with questions 715-222-6501.



Save the date for Sunday, May 31st as the parish will be hosting a School's Out Bash after the 10:30 a.m. Mass. Free-will offering will go to support our Sacred Heart parish youth.

Our parish is participating in a Joint Parish Raffle through Catholic Parish Initiatives, and hope you can support our Sacred Heart of Jesus youth in this important fundraising effort! For all tickets sold, the parish youth will receive 50% of funds raised, with an anonymous donor matching up to \$3000!! Tickets are \$25.00 each and can be purchased by contacting one of our youth, Jasmine Durrence or Beth Ingli. The raffle will be drawn on Saturday, July 19, 2025 and can be viewed online live at www.parihraffle.com. \$30,000.00 Good Luck!

Thank you to those who purchased roses last weekend. \$105.00 was raised for our Pro-Life prayer garden.

NEWS FOR ALL



Marriage: Congratulations to **Bruce and Abigail (Nilssen) Zignego** who were joined in the *Sacrament of Matrimony in Elmwood* yesterday. "Strengthen, we pray, in the grace of Marriage Bruce and Abby, whom you have brought happily to their wedding day, that under your protection they may always be faithful in their lives to the covenant they have sealed in your presence" (Roman Missal, 1027)."

Seven Sisters Apostolate The Seven Sisters Apostolate is a call to strengthen the Church by ensuring that a Holy Hour is prayed each day of the week for the sole intention of a specific priest or bishop - a "holy wasting" (cf. Mt. 26:10) or lavishing of prayer for his deeper conformity to Christ. We are looking for a woman to partner with the Seven Sisters on Fridays. The hour can be held at any time of the assigned day, at any Catholic Church, and does not have to be in the presence of the exposed Blessed Sacrament. Please contact Laura Buchal at 612-562-5872 for more information.



With Father Anbu being gone to India for a few weeks, if you or someone you know have a pastoral urgency and needs anointing during the next month, please contact Beth in the central office and she will contact a priest to visit you.

May 23 Saturday Vigil Mass in Elmwood

7:00 p.m. +Mary Ann Jensen (Craig & Beth Inqli)

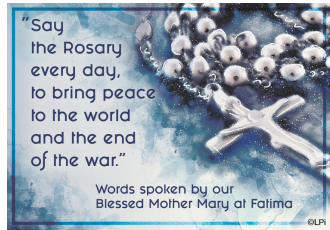
May 24 Sunday Mass

8:30 a.m. in Boyceville +Olivia Sundby

(Paul & Rita Zimmerman)

10:30 a.m. in Spring Valley +Mary Ellen Staiger

(The Johnson Family)



**The Importance of
Praying the Rosary
in May**

The Rosary is important because it focuses on the pivotal moments in

the lives of Jesus and Mary, known as the “mysteries.” In reflecting on these major events of Jesus’ life, you will grow in your awareness how much Jesus loves you personally. You will also be guided by the Holy Spirit to make connections between each mystery of Jesus’ life and your own life. And you may ask the Holy Spirit to help you see how this mystery gives guidance to your life right now.



Elmwood May 23 rd at 7:00 p.m.		Spring Valley May 24 th at 10:30 a.m.
John	Lectors	Peggy / Gregg
Anna	Extraordinary Ministers	(S) Lynn/Karrie Gene/Renata
Austin / Amber	Mass Servers	Porter/Weston Emmet
Joe / Steve B Aaron / Paul	Ushers/ Hospitality	Chuck / Gene
Jeff	Rosary/Music	Sacred Heart Choir

Please send Bulletin Announcements to:

admin@shsv.diocparish.org

News for the May 24th bulletin due by

11:00 a.m. on Tuesday, May 19th



**Devotions, Explained!
Hail Mary**

The words of the Hail Mary – undoubtedly the most recognizable Catholic prayer after the Lord’s Prayer – are deeply rooted in scripture. The opening lines of the prayer are taken

from the words of the angel Gabriel at the Annunciation – “Hail Mary, full of grace, the Lord is with thee.” This line is known as the Angelic Salutation. The following words – “Blessed art thou among women, and blessed is the fruit of your womb, Jesus” – echo the sentiments expressed by Elizabeth at the Visitation. The Angelic Salutation is regarded as the earliest devotional prayer to Mary, since it forms the very first words spoken to her as the Mother of God, but Catholics did not begin to utilize the Hail Mary prayer in its current form until around the 11th century. An in-depth explanation of each line of this prayer is provided in the Catechism of the Catholic Church, 2676-2677.




Contacts to Remember for the Prayer Line

To include a name to our prayer list please contact: Spring Valley: Laura Buchal at ssf@wwt.net or call 715-772-4452 or 612-562-5872

Lucy Nellesen at lucynell@hotmail.com or 715-778-5937

Cindy Schlegel at 715-338-1192

Elmwood- Anna Crownhart 715-639-4311

Boyceville- Judy Humpal stlukeboyceville@gmail.com or

715-643-3081