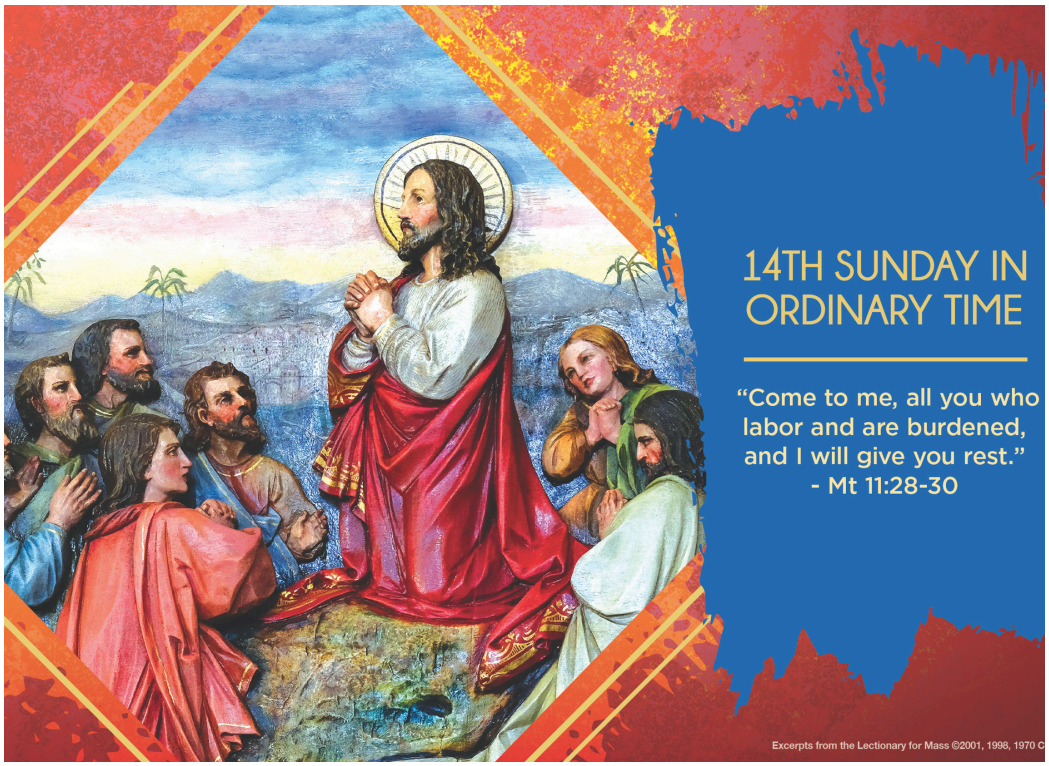
July 5, 2026

SACRED HEART- ST. LUKE
CATHOLIC COMMUNITY

PASTOR Rev. Dr. Fr. Anbalagan Shanmugam (Father Anbu)

114 Wilson Ave
Elmwood, WI 54740
Mobile: 715-317-1620
Email– franbu80@gmail.com



Spring Valley Pastoral Council
Jim Huebel
Peggy Larson
Isaac Nilssen
Teresa Nilssen
Jessie Shafer
Renata Wood

Spring Valley Finance Council
Greg Buchal
Jason Nilssen
Anna Toutant

Bookkeeper:
Amy Shafer

Elmwood Pastoral Council
Derek Auth
Sue Galoff
Greg Fesenmaier
Charlet Keenlyne
Jeff Pelzel
Barb Schneider

Elmwood Finance Council
Craig Feuker
Holly Galbreath
Jim Schwebach

Bookkeeper:
Shelley Sand

Boyceville Pastoral Council
Bonnie Cronk
Karen Hansen
Debra Hoage
Tom Humpal
Terry Mohn
LaVern Weber

Boyceville Finance Council
Joey Boesl
Lesley Nelson
Joe Pieters

Bookkeeper:
Judy Humpal

CENTRAL OFFICE

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Administrative Assistant

Beth Ingli
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Sacred Heart of Jesus Parish
Spring Valley
N108 Sabin Avenue
Spring Valley, WI 54767

Sacred Heart Parish
Elmwood
106 West Wilson Avenue
Elmwood, WI 54740

St. Luke's Parish
Boyceville
919 Center Street
Boyceville, WI 54725
Office Phone 715-643-3081
St. Luke's Email:
stlukeboyeville@gmail.com
www.saintlukebv.org

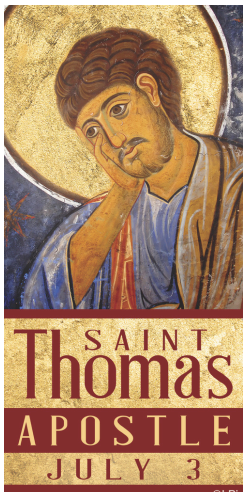
CONFESSIONS:
Anytime by appointment
Elmwood- Saturday's 6:30-6:50 pm
Boyceville–Sunday's 8:00 - 8:20 am
Spring Valley– Wednesday's 5:30 – 6:10 pm

Dear brothers and sisters in Christ Jesus,

Peace be with you. First and foremost, I would like to wish everyone a Joyous Independence Day and may God bless you and America. As we celebrate a great feast of St. Thomas on July 3rd I would like to share some reflection on this feast. In the Gospel account (Gospel of John 20:24–29), Thomas is remembered for saying that he would not believe unless he saw and touched the wounds of the risen Christ. His response is often reduced to the label "Doubting Thomas," yet the story reveals something more profound. Thomas wanted a faith grounded in truth. When Jesus appeared to him, He did not reject Thomas for his questions. Instead, He invited him to come closer: "Put your finger here... Do not doubt but believe."

Thomas's response is one of the clearest professions of faith in the New Testament: "My Lord and my God!" His encounter reminds us that faith is not blind acceptance but a trusting re-sponse to the living Christ. Questions, struggles, and moments of uncertainty do not place us outside God's love. When we honestly seek Him, He meets us with patience and grace.

Tradition also remembers Thomas as a courageous missionary who carried the Gospel far beyond the Roman world, eventually reaching India. The disciple who once hesitated became a fearless witness, showing that an encounter with the risen Christ can transform uncertainty into conviction and mission. For our own lives, the feast invites us to ask: Where am I seeking greater faith? What doubts or fears do I need to bring honestly to Christ in prayer? How can my encounter with Jesus move me from simply believing to actively witnessing through love, service, and hope?



Prayer Lord Jesus, Like Saint Thomas, I sometimes struggle to believe when I cannot clearly see Your presence. Help me to bring my questions to You with honesty and humility. Strengthen my faith, deepen my trust, and open my eyes to recognize You in Scripture, in the Eucharist, and in the people I meet each day. May I, like Thomas, proclaim with confidence, "My Lord and my God," and courageously share Your love with others. Amen

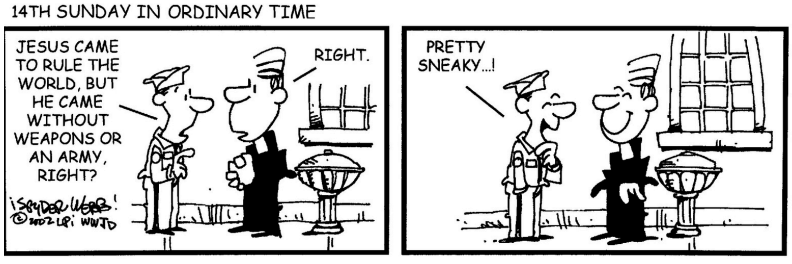
~Fr. Anbu

Devotions, Explained! St. Michael Prayer

The prayer to St. Michael invokes the protection of the archangel Michael in the ongoing spiritual battle for the souls of all mankind. This prayer was composed by Pope Leo XIII and its use was instituted in 1886 at the end of Low Mass, a tradition which continued until the liturgical reforms of the Second Vatican Council. A popular story regarding its origin claims that the Pope wrote this prayer after having a vision of demonic spirits descending on Rome. Michael is mentioned as one of God's seven archangels in the Book of Enoch and is presented by Revela-tions 12:7-12 as the warrior angel who cast Satan from heaven. He is therefore traditionally venerated as a pro-tector against the forces of evil and a guardian of the Church. The Prayer to St. Michael is still commonly said at the end of the rosary and by some parishes after the conclusion of Mass.

Stewardship Weekly Offering
June 20-21, 2026

	Adult	Offertory	On-Line
Boyceville	**$ 420.00**	**$ 216.00**	
Elmwood	**$ ----**	**$ 490.00**	**$ 20.30**
Spring Valley	**$ 1309.00**	**$ 103.19**	



BOYCEVILLE NEWS

Food Pantry Fundraiser - There will be no potluck in the month of July. In its place, St. Jessica's Circle will be providing a variety of delicious muffins, coffee and juice for you to enjoy following Mass on Sunday, July 19th. This will be a free will offering with all proceeds going to support the West CAP Food Pantry. If you are not able to stay but would like to support this cause, there will be a basket on the back table where you can leave a donation. Thank you in advance for your support.

There is an opening in the Eucharistic Adoration schedule and we are in need of someone to fill the 2:00-3:00 p.m. hour on Monday's. Please contact Rita Zimmerman for more information or to sign up for this hour. praywiththeheart@yahoo.com

Mass Intentions - We are in need of Mass intentions beginning with the month of August and beyond. If you have a specific date you would like to schedule, please see Judy Humpal or email her at stlukeboyceville@gmail.com.

ELMWOOD NEWS

Our Altar and Rosary society will host a UFO days bake sale under the tent on July 25. An in-formative letter will be handed out before Mass on July 11th. The rest will be mailed.

Elmwood's religious education program is in need of new leadership this fall for a Coordinator of our Religious Education along with CCD teachers. If you are interested in one of these important roles, please see Father Anbu or Sue Galoff.

SPRING VALLEY NEWS

Our parish is participating in a Joint Parish Raffle through Catholic Parish Initiatives, and hope you can support our Sacred Heart of Jesus youth in this important fundraising effort! For all tickets sold, the parish youth will receive 50% of funds raised, with an anonymous donor matching up to $3000!! Tickets are $25.00 each and can be purchased by contacting one of our youth, Jasmine Durrence or Beth Ingli. We need all tickets and money returned to the central offcie by July 9th. Thank you and good luck!

NEWS FROM THE DIOCESE OF LA CROSSE

Catholic Teens and Young Adults: When do some people decide they don't want to be Catholic? At a much younger age than you might think! Why do people decide to stay Catholic? Check out a new study on Catholic teens and young adults at https://springtideresearch.org/research/young-people-and-religion-and-spirituality

Urgent Pro-Life Action Alert: In a vital action alert from Kristan Hawkins, President of Students for Life, she implored us to insist that the Trump Administration:

- Enforce the Comstock Act to STOP the illegal mailing of Chemical Abortion Pills.
- Reinstate medication safety protocols the last Administration gutted — protecting women and preborn babies.
- Work with Congress to cut off every federal tax dollar to Planned Parenthood, America's largest abortion vendor. TIME-SENSITIVE - This needs to happen before July 4, or millions of dollars in funding to Planned Parenthood will be restored.
- Direct the EPA to investigate how Chemical Abortion Pills are poisoning America's waterways.

To learn more and to make your voice heard, visit https://diolc.org/social-concerns/respect-life/
and click on the Action Alert at the top of the page

Mass INTENTIONS

For all the faithful who have died and for the sick, we pray in 2026

July 7 Tuesday Mass in Elmwood
7:00 p.m. +Deb Wiinamaki, Donald & Mary Schmitz (Nancy Ousley)

July 8 Wednesday Mass in Spring Valley
6:15 p.m. +Rita Mowdy (Craig & Beth Ingli)

July 9 Thursday Mass In Boyceville
10:00 a.m. +Barb Hellmann (Deb Hoage & Evie Wadzinski)

July 10 Friday Mass at Elmwood Welcome Home
10:00 a.m. +Dorothy Mountin (The Julie & Jerry Hannack family)

July 11 Saturday Vigil Mass in Elmwood
7:00 p.m. + Roger Koch & family (Anna Crownhart)

July 12 Sunday Mass
8:30 a.m. in Boyceville +Margaret Erickson (St. Jessica Circle)
10:30 a.m. in Spring Valley +Brice Johnson (The Johnson family)

WEEKEND MINISTRY SCHEDULE

Elmwood July 11th at 7:00 p.m.		**Spring Valley** July 12th at 10:30 a.m.
Joel	**Lectors**	Kelly/Gregg
Steve	**Extraordinary Ministers**	(S) Lynn/Karrie Eric/Greg
Cody/Jayden/Ella	**Mass Servers**	Porter/Weston/Eli
Jim/Dennis Jeff/Glenn	**Ushers/ Hospitality**	Tony/Gene
Sue	**Rosary/Music**	Sacred Heart Choir

Please send Bulletin Announcements to:
admin@shsv.diolcparish.org
News for the July 12th bulletin is due by 11:00 a.m. on Wednesday, July 8th

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE
July 5, 2026 Fourteenth Sunday in Ordinary Time

This weekend, our nation celebrates the 250th anniversary of the signing of the Declaration of Independence. Unlike most nations, the United States was not founded primarily on a shared ethnicity, language, or culture. Instead, our founders built a political community out of diverse peoples united by a shared vision of liberty. That vision echoes something deep in the Christian mystery revealed in today's Gospel. Jesus returns to his hometown. The people see only what is familiar: the carpenter, the son of Mary, one of their own. As Mark tells us, "They took offense at him. Jesus said, 'A prophet is not without honor except in his native place and among his own kin and in his own house.'" Their narrow vision blinds them. Jesus has come to inaugurate a new communion that transcends geography, bloodlines, and culture. He has come to unite all people in himself. At its best, America's national unity reflects this possibility, which fully subsists only in the Catholic Church. Our unity is not based on ancestry or tribe, but on a shared commitment to higher ideals. For this reason, we can love our country with gratitude while situating patriotism within the broader horizon of faith. Rooted in Christ, we are less vulnerable to the unholy tribalism that threatens civic life and faith. This weekend, let us thank God for our nation and pray that we also live as citizens of Heaven in Jesus Christ. — Father John Muir ©LPi

Blessing for Our Country

Dear God, Bless this land that we love, a land You created, in love. We are at our best when we're close to You. Please inspire, guide, and govern our leaders and our vision, that our greatness may be founded in and defined in You. Amen.